

FAMILY & CONSUMER SCIENCES MARCH NEWSLETTER

Hello, everyone!

Spring is in the air! I hope this newsletter finds you well and you are enjoying the warmer days.

We have some fun programs happening this month, be sure to check out the flyers/calendar and don't forget to sign up!

Daylight savings is March 10th!



Alex Sallie

County Extension Agent for
Family & Consumer Sciences

Waiting for you inside!

- Homemaker News
- Calendars of Events
- Flyers
- Money Wise Reading

**Bath County
Cooperative Extension
Service**

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BATH COUNTY HOMEMAKERS

Lunch & Learn Leader Lesson

Topic: Radon

When: March 4th

Time: 12 PM

Lunch will be provided.
Call the office to register.



Contact

If you have any questions about the homemakers association please feel free to reach out to me. My contact information is below:

Alex Sallie

606-674-6121

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Club Meeting Dates

Bethel Nite: 2nd Thursday at
5 PM

Country @ Heart: Second
Monday each month @ 5:30
PM

Hill N' Dale: Third Monday @
6 PM Ramsey Buidling

Salt Lick: First Tuesday each
month @ 12 PM












Sharpsburg: March 7th @
11:30 Cookout. Bring brown
bag and \$5.

**Sharpsburg is
collecting aluminum
can tabs for Ronald
McDonald House.
Collections are to be
dropped off to the
office by April 16th.**

Family and Consumer Sciences Extension Calendar

March

All meetings/programs are hosted at the Bath Co. Ag Center unless noted otherwise. These programs are for all community members to attend.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	<p>4 Lunch & Learn: Radon @ 12</p> 	<p>5 Project Linus @ 10 AM</p> 	<p>6 Paper Hugs @ 10 AM</p> 	7	8	9
<p>10 Daylight Savings Time Starts</p> 	<p>11 Master Clothing Day @ 9:30 am</p> 	12	13	14	15	16
<p>17 Happy St. Patrick's Day</p> 	18	<p>19 Hello, SPRING</p> 	20	<p>21 Sourdough Bread Class @ 4</p> 	22	<p>23 Homemaker Spring Fling Vendor Fair</p> 
24	25	26	<p>27 Cooking through the Calendar @ 3:30 PM</p> 	28	29	30
<p>31 HAPPY EASTER</p> 						



Martin-Gatton
College of Agriculture,
Food and Environment

Has your home, school, or workplace been tested for Radon? Did you know that indoor Radon exposure is prevalent in KY?

Join us for a lunch & learn session all about Radon.

When: March 4th

Time: 12 PM

Location: Bath County Ag Center

Registration is required.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Simple Sourdough Course

Do you want to learn
how to make bread at
home?

Join us as we learn the
basics of Sourdough
Bread. Each person will
be able to make their
own starter.



Registration is
required.
Call 606-674-6121.

When: March 21
Time: 4 PM
Location: Bath County AG
Center



Cooking Through The Calendar



Join us each month as we learn how to make a new recipe.

Date: March 27th

Time: 3:30 PM

Location: Bath County AG Center

Join us for a demonstration and taste test

MONEYWISE

VALUING PEOPLE. VALUING MONEY.

MARCH 2024

Nichole Huff, Ph.D., CFLE | Assistant Extension Professor Family Finance and Resource Management | nichole.huff@uky.edu

THIS MONTH'S TOPIC: ALLOWANCE: A LIFE SKILL BUILDER

Allowance plays a crucial role in shaping a child's development. It fosters important life skills, instills a sense of responsibility, and promotes financial literacy. Allowance can be a powerful tool for teaching important life lessons.

Allowance is money parents or caregivers give to their children on a regular basis to teach them money management skills. Giving children an allowance is a personal decision for each family that may depend on disposable income or household expectations. Some parents tie allowance to specific chores while others provide a fixed amount each week or month.

FINANCIAL RESPONSIBILITY

One of the main benefits of giving children an allowance is to teach money management. When children receive a fixed amount of money regularly, it is easier to understand how to budget. They learn to save their money for various reasons, such as saving for a desired toy, spending on daily needs such as lunch, or giving to charitable causes. This early exposure to financial decision-making lays the foundation for responsible money management later in life.



WORK ETHIC

Allowance also teaches children the value of hard work. Many parents give allowance for the completion of chores. By associating money with effort, children develop a strong work ethic and understand that rewards are earned through dedication and responsibility. This connection between work and reward prepares children and teens for adulthood.

GOAL SETTING

Allowance is a practical tool for teaching children about goal setting. Whether it's saving for a new toy, a special event, or a long-term investment, children learn to set goals and work toward them. This is a valuable skill that goes beyond financial matters.

Cooperative Extension Service

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

ALLOWANCE ALSO PLAYS A ROLE IN NURTURING EMPATHY AND SOCIAL RESPONSIBILITY.



DECISION-MAKING

Receiving an allowance allows children to make choices about spending. “Do I buy what I can afford today, or do I wait and save more money for the nicer option?” This fosters critical thinking and decision-making skills. Children must evaluate their priorities, make trade-offs, and consider the consequences of their choices. Such decision-making experiences contribute to the ability to analyze and solve problems which are essential skills in life.

EMPATHY

Allowance also plays a role in nurturing empathy and social responsibility. Parents can encourage children to give some of their allowance to charitable causes or community projects. This practice can expand a child’s understanding of others’ needs and teaches them to give back. These early lessons in generosity and compassion create individuals who are mindful of the needs of others.

FINANCIAL LITERACY

As children grow, the lessons learned through allowance provide a foundation for understanding financial literacy concepts.

Understanding the basics of budgeting, saving, and making informed financial decisions is crucial in making wise decisions later. Individuals who have been exposed to these concepts through allowance are better equipped to manage money, avoid debt, and plan for their future.

The value of allowance extends far beyond the simple act of receiving money. It is a tool for building life skills, responsibility, and financial literacy. Allowance can contribute to the overall development of children, shaping them into more responsible, thoughtful, and money-wise individuals.

REFERENCES:

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- Rossmann, R. (2002). Involving children in household tasks: Is it worth the effort? University of Minnesota.
- Trautner, T. (2017). The benefits of chores for your child. Michigan State University Extension.

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